

NO GLUTEN-CONTAINING INGREDIENTS

The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so we cannot guarantee 100% free from; therefore, these meals are not suitable for people with coeliac disease. Please make a team member aware when ordering from the NGCI menu.

Proper CLASSICS

10oz Rump Steak

Served with half a grilled tomato, peas and your choice of a side salad or mash. 457 kcal
With Mash +209 kcal | With Salad +28 kcal

Grilled Gammon Steak

Topped with a fried egg and grilled pineapple and served with half a grilled tomato, peas and your choice of a side salad or mash. 592 kcal
With Mash +209 kcal | With Salad +28 kcal

Chicken Tikka Masala

Served with rice and mango chutney. 675 kcal

Coconut Thai Vegetable Curry VG

With rice. 515 kcal

SIDES & EXTRAS

Button Mushrooms VG 57 kcal

Fried Egg V 104 kcal

Mashed Potato V 209 kcal

Rice VG 272 kcal

Side Salad VG 28 kcal

Dreamy DESSERTS

Why not indulge in one of our delicious desserts?

Vanilla Flavour Ice Cream V

Three scoops with Belgian chocolate sauce. 387 kcal

Vanilla Non-Dairy Iced Kream VG-M

Three scoops with Belgian chocolate sauce. 443 kcal